

## **Yinz have Questions?**

### **Answers are Dahn Below**

### Is the 2020 Yinzer virtual or in-person?

Our Yinzer 5K is virtual this year to ensure the safety of our runners and adhere to COVID19 guidelines and recommendations. The Yinzer 5K can be run on your own between August 28 and 29th. Winners will be contacted on August 30th.

### **How do I register for the Virtual Yinzer 5K?**

To register, visit www.charityfootprints.com/yinzer5k. Click "Register" at the top of the page and follow the steps! There are 4 race fee options,

each including different race swag options. Each week, everyone registered will be entered into a drawing to win a prize. The sooner you sign up, the more chances you have to win!

### How do I record my race time?

After running your race, visit your "Activities/Workouts" page in the dropdown menu on the righthand side of your Charity Footprints page. Click "Add New Activity," enter your completed race information, including the mileage (1 mile or 3.1 miles) and start and end times, and click submit. Time records will be based on the honor system... so no cheatin'!

# How do I receive my race registration T-shirt/medal/swag/prizes?

You can come to Light of Life, 913 Western Ave, Pittsburgh, PA 15233 between August 31st-September 4th, 8am-4pm to pick up your registration bags and prizes inperson. Contact ametz@lightoflife.org to make arrangements and ask about how our office is maintaining COVID19 safety precautions. There is meter parking available along Western Ave.

#### Will there be a costume contest?

Absolutely! As you run the race between August 28-29, take photos of yourself in your most Yinzer attire, post them on social media, and tag @lightoflife on Instagram and Twitter and @light.of.life.rescue.mission on Facebook. The winner will receive a prize and will be announced through Light of Life's social media on August 30th.