

To help graduates succeed, Light of Life's **After-Care and Mentoring** program provides a network of support systems which includes mentoring partnerships.

The purpose of these partnerships is to ensure that graduates (and in some cases, those still enrolled in the recovery program) receive the Godly direction they need to help them stay on track.

Many do not have family members or friends to turn to during those inevitable times of temptation and strife. Hence, they need to develop solid relationships with dedicated people of faith—people who, by example and commitment, can “ignite the light” of a Christ-centered way of life.

Are you called to the challenge?

The ideal mentor is a *mature Christian*, armed with strong communication and listening skills, who is willing to make a *commitment*. He/she will go the extra mile—as a coach, an encourager and a confidante.

A mentor *instills trust*, and *imparts wisdom* and *guidance* to help his/her mentee achieve personal, career and other goals.

A mentor *exhibits patience* and *understanding*, *administering “tough love”* when necessary, as opposed to judgment. Above all, a mentor is a *friend* and a *brother or sister in Christ*.



What does mentoring entail?

Based on individual needs, mentoring may address a wide variety of issues such as: financial guidance, job/career change, life skills, recovery, parenting, small business start-up—even learning how to drive.

What is the expected level of commitment?

Light of Life's *Ignite the Light* Mentor Ministry provides three levels of commitment, or mentoring partnerships.

■ Short Term – Life Skills

Mentors provide ongoing training in life skills (work, interpersonal, information, systems, foundational, thinking and personal skills) which will equip graduates to succeed at independent living. Partners (mentor and mentee) are required to meet on a weekly basis to reinforce learned skills. Time commitment: 3 months

■ Long Term – Accountability

Mentors foster accountability and offer encouragement to their partners. Serving as “sounding boards,” they help graduates explore solutions and encourage wholesome decision-making when facing life's tough challenges. Mentors are required to contact their partner four times per month, including one face-to-face meeting. Time commitment: one year

■ Peer-to-Peer – Recovery Lifestyle

Light of Life alumni—as well as other people in recovery—can have a remarkable influence on recent graduates. Leading by example, peer-to-peer mentors demonstrate that lifelong recovery is possible.

Time commitment: minimum one year

However, mentors are strongly encouraged to develop a long-term relationship, not as a sponsor, but as a *friend*.

Note: In forming mentoring partnerships, men will be paired with men and women with women. Exceptions may occur under special, short-term circumstances.

Interested in Serving?

For more information on Light of Life's *Ignite the Light* Mentor Ministry or to apply to serve as a mentor, please contact the Manager of After-Care and Mentoring at **Mentoring@lightoflife.org** or by calling **412-803-4162**.

Along with friendship and encouragement, recovery graduates often need Godly advice on managing personal finances, household affairs and child rearing.



About Light of Life

Mission

As a ministry of Jesus Christ, Light of Life will provide a home for the homeless, food for the hungry, and will build disciples for the Kingdom of God among the poor, addicted, abused and needy.

Light of Life is well-known for providing meals and shelter, but offering basic needs is only one aspect of a much broader, multi-faceted mission. Light of Life's primary goal is to save and transform lives.

Through God's blessings and the help of many faithful partners, Light of Life empowers men, women and children to overcome extreme adversities and gain essential tools for lifelong achievement. One of the elements that distinguishes Light of Life from many rehabilitation programs is its holistic, faith-based approach for equipping people to change their lives.

Components of the program include: addiction recovery counseling, transitional housing, education and career training, life and parenting skills, treatment referrals for mental health, activities for improving socialization and relationship building, after-care and mentoring and other services. On-site care is provided for children, including the services of a family therapist.

For more information, please call 412-258-6100 or visit www.lightoflife.org.

LIGHT of LIFE
rescue mission

saving lives

Light of Life Rescue Mission
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LIGHT of LIFE
rescue mission

Ignite the Light Mentor Ministry



*Engage
in God's work
of life
transformation...*



*Are you called
to the challenge?*

*"I didn't need a parent.
I needed
a friend."*

- Sarah, Women's
Recovery Graduate



Ignite the Light Mentor Ministry is a vital, Christ-centered component of Light of Life Rescue Mission's After-Care and Mentoring program. It is an extension of the love and care embracing those whose lives have been transformed through the hope of Christ at Light of Life.

What does Light of Life Rescue Mission do?

Founded in 1952, Light of Life serves men, women and children suffering the debilitating effects of poverty, homelessness, addiction, abuse and mental illness. Its comprehensive recovery program addresses these issues in a Gospel-based environment, empowering people to live healthy, self-sufficient lives. *(Please refer to back panel for more information.)*

Why does Light of Life need mentors?

Men and women who achieve the outcomes of the recovery program celebrate their life transformation through a graduation ceremony. However, their new beginning, or transition back into society, is often an uphill journey.

Mentoring Opportunities with Light of Life's After-Care and Mentoring Program